u3a
Great Oakley and District

September 2026 Newsletter

MESSAGE FROM THE CHAIR



I hope that you have all enjoyed a good holiday this year, and avoided the extreme heat.
I have visited France where they have suffered perhaps more than we did with temperatures in the 40cC range.

Having taken over as Chair of our group at the AGM in June, my main concern is to increase the Membership as quickly as possible.
I am advised by my Membership Secretary that we currently have slightly more than 110 members, which compares unfavourably with many of our neighbouring groups.
I suspect that the reason for this situation is possibly due to the fact that Members may not be fully aware of what activities we have to offer, and to whom they should address enquiries.

I am pleased to say that I have a superb Committee who are extremely enthusiastic and support me at every turn.
Before reaching our next AGM in June 2027, we aim (with your approval) to firstly change our name from Great Oakley to Corby and District U3a and arrange some more membership events; including a traditional Christmas Lunch and hopefully organise a coach trip in the New Year.

We already offer many Activity groups that are successfully attended, but with your support we could increase the number of these.
This is where I would value your help in suggesting some new ideas.
Please send your thoughts to me, and I will endeavour to get these new groups up and running as soon as possible.
To assist you with your thoughts I list our existing groups and group leaders you can contact.
I also give you details of our present Committee together with their contact E-mails.
Remember, the cost of what our U3a provides is very good value for money, at £20 per Annum, per Member or, £24 if you would also like a copy of the "U3a Matters" magazine posted to your home.
Let us work together to make a success of our Group!

Mike Pilbro (chairman)
E-mail: gou3a.chair@gmail.com

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THE COMMITTEE

Chairman
Michael Pilbro
E-Mail: gou3a.chair@gmail.com

Membership Secretary
Geoff Taylor
E-Mail:
gou3a.membership.secretary@gmail.com

Treasurer and Vice-Chairman
Bob Black
E-Mail: gou3a.treasurer@gmail.com

Secretary and Welfare
Cath Arnold
E-Mail: gou3a.welfare@gmail.com

Committee Support Member
Janet Quarrinton
Arranges, food drink & Raffles for meetings

Committee Support Member
Mrs. Alix McCardie

Web Site – Co-Opted Assistant
Joy Gregory
E-Mail: gou3a.it@gmail.com

WHO TO CONTACT

Running a Group – Mike Pilbro

Banking & Subscriptions – Bob Black

Membership & Publication of Meetings
Geoff Taylor

General Meetings & Welfare – Cath Arnold

Website & Design – Joy Gregory

Provisions for Meetings –
Janet Quarrington

GROUPS & CONTACTS

There is information on Groups and how to make contact with them on our Web site at:

In this Newsletter there are updates and information on groups provided by the Group Leaders.

Members are welcome to come along to Group Meetings and if there is space you can try for 3 meetings Free of Charge.

Please Note that some are fully subscribed and others have waiting lists of members wishing to join.

We currently have the following groups and leaders.
We welcome volunteers to increase the number of groups and activities.

Art – Mark Powell
Badminton – *John Bugby*
Book Club – Joan Gault
Canasta – *Carol King*
Creative Writing – Cath Arnold
Drama – *David Ball*
French Language – Marian Holt
History – *Damian Tracey*
Meditation – Kathleen Carnie
Scrabble – *Marian Holt*
Short Mat Bowls – Marian Holt
Table Tennis – *Marian Holt*
Ukulele – Trudie Reid
Walking – *Sue Lawson*

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Our Next Monthly Meetings

Wednesday 23rd Sept 14:00 – 16:00
Dave Pinion
Dave has visited Antarctica on small ships expedition cruises to what is one the coldest and remote places on Earth.
He was inspired by the exploits of Robert Falcon Scott, Ernest Shackleton and other legends of Polar Exploration.

Wednesday 28th October 14:00 – 16:00
Our Vice Chair & treasurer Bob Black
An interesting talk on the Lubenham to Stamford section of the Welland Valley.



Wednesday 25th Nov.14:00 – 16:00
Steve Dimmer
An extremely experienced local speaker will entertain us with a talk entitled "Ooh Matron" a history of Carry-On films.



Wednesday 9th December
Christmas Lunch

Christmas is Coming



As you may well have seen, the committee has started to look at resurrecting the u3a Christmas lunch.
The proposal is to have the meal at the recently revamped Raven Hotel in Rockingham Road on Wednesday 9th December between 12pm and 2.30.
There are menus available for between 1 and 3 courses on their web site at https://www.theravenhotel.com/
We know it seems early but we are entering Christmas Meal Booking Season. In order that we can make a booking we need to know numbers and are thinking that we will have around 30 members who will be interested.
There will be a £5 deposit payable by Bank Transfer to or at meetings.

Please tell Geoff Taylor at

gou3a.membership.secretary@gmail.com

if you are interested.

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Over the Summer



On Saturday 4th July some of our members were at Oakley Vale Community Centre Annual "Oakley Fest" with the Ukulele Group providing a Musical background in the afternoon. There were a range of performers and there was a number of craft stalls a dog show, bouncy castles, and family entertainment throughout the day.

Our Own Open Day

We had a well-attended Open day in July at the Old Clark's. Shoe Shop in Willow Place between 11.00am and 4.00pm.

Most of the Groups had Leaders and members attending to talk with everyone that they could pounce on.

All of the recently purchased banners were on display.

We are hopeful that a number of people with join us after they having made visits to the groups they are interested in.

Note from the Committee



If you would like to give something a go or assist the committee do not hesitate them at one of their meetings which are scheduled for:

Monday 5th October 14:00 - 16:00
Monday 2nd November 14:00 – 16:00
Monday 7th December 14:00 - 16:00

The Committee meetings and our monthly meetings are on the 4th Wednesday of any month (except August) at 2:00p.m. in Great Oakley Village Hall or contact us via this link to our Web site:

https://greatoakleyanddistrict.u3asite.uk/

If you are interested assisting with any of the Committee Roles or joining us do not hesitate to contact any of the Committee either at Monthly or Committee meetings.

If you have expertise in a subject, have a few hours spare and are happy to share that with other Members of Great Oakley & District u3a, do not hesitate to step forward.

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‘Car - sharing’



As we all get older and some members have health issues, please discuss and be generous in offering lifts to ensure all activities are open and accessible to all members”.

I hope you will find the next few pages make you smile.

For this edition we are following the theme of What is celebrated on the dates of our meetings.

September 23rd is Innergize Day

This is the day after the Autumnal Equinox that offers the opportunity to relax and rejuvenate as we go into shorter days.

Autumn has officially arrived and it’s the time to change gear. The fast pace of summer activities has passed.

Languid autumn days provide tranquil sunsets and peaceful moments. These are the times to focus on your personal well-being. Do things you enjoy that make you feel good about yourself. Let stress and worry fade away for the day.

The day is an excellent time to look inward. Whether you rejuvenate your spiritual connections or develop mindfulness, refocusing your energy can have huge benefits. After trying to cram every activity into a few short months, we sometimes lose focus. Autumn allows us to take a deep breath and be more mindful of our bodies, spirits, and the world around us.

Observing Innergize Day is easy, all you have to do is relax and this means that you just need to open your mind and you could:

Take a Long Bath
Read a good book
Go for a walk
Enjoy your favourite hobby
Listen to your favourite music
Turn Off all things Digital
Write a letter with a pen
Dance around the house
Take as many naps as you can



Cuddle up to a Pet or family member
Watch the sunset and / or sunrise
Get a massage
Try Meditation

Whilst it does not matter how you celebrate Innergize day it is essential that you tell everyone of its existence and what you did without using social media so you learn how to communicate in a natural way.

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October 28th is Wild Foods Day



Wild Foods Day on October 28th is the annual celebration to encourage people to explore foraging for food found in the wild. This day is intended to encourage people to explore foraging for food found in the wild.

The idea is to inspire us to learn about the traditional gathering of food, how to identify wild edibles and how to safely prepare food for consumption.

We rarely think about food found in the wild in this digital age. In fact, unless you are living off the land, it's not something we consider to be a part of our daily routines because running to the grocery store or local market conveniently provides our food needs.

But what if we rekindled that close relationship with nature our grandparents and ancestors had before us? It's possible, even if you live in an Urban environment.

Humans have been harvesting food from the wild for thousands of years by hunting, fishing, and gathering wild edibles like plants, berries, and seeds. Though we have the convenience of food at our disposal, most of us lack the ability to truly forage for ourselves. Over the past few decades, a rising interest in eating more sustainable food has sparked a renewed passion for foraging. Wild plants often appear on menus in gourmet restaurants and raw food Restaurants, increasing the appeal of incorporating more wild food into our diets.

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Wild Food Benefits

Wild foods are free of harmful preservatives and pesticides, making eating them a part of an eco-friendly lifestyle and eliminates harsh chemicals found in many food items we purchase.

Wild plants are often more nutrient-dense, containing higher levels of vitamins, minerals, and antioxidants.

Wild Foods Day celebrates the diversity and richness of food sources available in the natural environment, supporting sustainability through foraging, encouraging a closer relationship with our environment, and highlighting the importance of conservation and respect for natural habitats.

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Whether it's your first time, or you're a seasoned forager, Wild Foods Day is the perfect occasion to explore natures kitchen. Wild food has a near-zero carbon footprint and is not harmful to the environment when harvested responsibility. As you learn about wild foods, you're also gaining a deeper understanding of the ecosystem around you. This, in turn, often increases your appreciation for the environment. Plus, there is a huge benefit to your own mental health after being outside and connecting with nature. When foraging for wild food, safety is the key. You need to be 100% certain of what you are picking. Never eat anything you cannot identify, because many edible plants have toxic or deadly look-alikes. For example, wild carrots look very similar to poison hemlock. Your best bet is to use reliable field guides and, ideally, learn directly from an experienced forager. There are also many books and online resources available to help you along with identify safe wild food.

Ways to celebrate wild Foods Day

Celebrating Wild Foods Day can be a fun and educational experience, and you don't even have to be an expert forager to participate.

1. Watch foraging documentaries or YouTube channels to see what experts gather and how they cook with it.
2. Visit farmers markets in your area and look for vendors who sell wild foods like mushrooms, wild berries or plants. Begin your foraging adventure in your own backyard! Dandelions, stinging nettles, pine needles, and some weeds are edible wild foods and easy to cook for beginners.
3. The best (and safest) way to learn about wild food is to take a guided walk or local foraging class. Naturalists and herbalists often have the best knowledge about wild food and can teach you how to forage properly.
4. Plan a full meal around foraged or wild ingredients. Making a wild berry jam, a mushroom risotto, or a salad from wild greens will be the reward for your foraging adventure! The best (and safest) way to learn about wild food is to take a guided walk or local foraging class.
   Naturalists and herbalists often have the best knowledge about wild food and can teach you how to forage properly.
5. Plan a full meal around foraged or wild ingredients. Making a wild berry jam, a mushroom risotto, or a salad from wild greens will be the reward for your foraging adventure!

History Behind Wild Foods Day

Wild foods day seems to have appeared in the media around 1974, largely inspired by Euell Gibbons, a wild food enthusiast who debuted his book *Stalking the Wild Asparagus* in 1962. His book served as a guide on how to identify, gather, and prepare edible wild plants based on his own personal experiences. Gibbons is credited with popularizing the "back-to-nature" movement of reintroducing the practice of foraging for wild plants.



Dandelion? Or Nettle? Salad

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National Play Day with Dad

On November 25th National Play Day with a Dad is one of the newer celebration days.

Many people think it pointless but in 2019 in America in particular it was thought it important to remind fathers that their most role in life was to be to be a hero to their children. It was thought essential that fathers be reminded that every other role falls to the wayside when children came into their lives.

I think we can agree that being a good parent stands out more than anything ever will. When we ace that job, we make the whole world better.

The idea behind the day was to encourage fathers to spend the day focused on fun with their kids. It was designed to be a day for bonding and memories.

We were advised that a Dad play day allows the children of fathers a focused time to bond.

For busy dads, the observance of the day provides an opportunity to get to know one another better.

It was thought some dads might choose to make positive memories and others might want to schedule time to take pictures and capture those new memories as keepsakes.

The day was to allow the children of fathers a focussed time to bond. For busy dads, the observance provided an opportunity to get to know one another better.

Some dads might choose to make positive memories or to schedule time to take pictures and capture those new memories as keepsakes.

The day was to give men a chance to become the real heroes to every child and the community needs.

Fatherhood is a grand experience as it leads to great dad experiences and investing in our children, their memories and adventures teach them more than just how much we care. It provides them with a foundation they rely upon for a lifetime as they continue to grow and build upon those gifts we give them.

Someday, we hope to enjoy the rewards of their happiness and success and it is hoped that includes the love they share with their children.

It is suggested that Dads, set the day aside, and focus on the children and the first step is to find out what interests your off-spring have and to join the fun by:

- Playing Arcade Games
- Loving, Hugging, Smiling and Dancing with the kids.
- Having a photo-shoot with the whole family.
- Playing a Ball Game together.
- Watching them compete in anything.
- Joining your off-spring if they are adults whilst they are working on a project at work
- Telling them about their Grandparents and the family history.
- Asking them how you can do better.
- Promoting positive fatherhood.
- Reading them a book, no matter what their age.

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Fat Biggles and Tall Biggles go on a Photo Trip

Back in early May Fat Biggles (FB) and Tall Biggles (TB) decided it would be a brilliant idea to visit Coventry Airport and its Museum.
The idea was that FB could try and find the button that makes a camera take a photograph and TB would manipulate / distort his frame to take photographs from places only he would find.

Naturally as with always the case with Biggles things did not go to plan.

Initial plans were reviewed when it was found that **Flight operations ended on** *9th May 2026, when final flights departed and remaining tenants vacated the site.*
It got worse as **Final permanent closure was scheduled for** 11 June 2026 when 90 years of aviation history since the airfield opened in 1936 would end.
Bearing in mind that the Biggles were Petrol Heads the final insult was that the historic site in Baginton was being redeveloped as a **Greenpower Park**, a multimillion-pound advanced manufacturing facility and battery gigafactory to support electric vehicles.
FB found that the only public access after 9th May would be only to the Museum.
The pair decided that there was a need to go onwards and ignore the fact that they could not go upwards.
A new plan was hatched and the intrepid pair decided to visit the Coventry Airfield Museum and if time allowed travel to the Triumph Motorcycle Museum at Hinkley and have a look at a Track Day at Mallory Park on the way back.

On the Day Alexa and the BBC forecast light rain till 9 and then a lovely day.
Of course, they got it wrong and fortunately F.B. Had this covered by using a small luxury vehicle (Fiat Panda) instead of using a Classic Open topped sports car as the real Biggles would have done.
For the record, Cats, Dogs, Bald Eagles and Albatross fell from the sky all day.
Journey to Coventry Air Museum went fine apart from the weather.
Now you might think that any aircraft museum would have loads of planes inside a hanger as did the pair and as can be seen below that was not the case.

Coventry Aircraft Museum



Next mistakes, when it rains you need a waterproof camera which they did not have but they had an umbrella that **they left in the car.**
The duo tries to dodge the raindrops so only get **absolutely drenched** and after making a treacherous climb into the Vulcan Bomber (top right in the photo) discover a very wet (it leaks badly) and cramped cockpit and that navigation was a bit hit or miss affair and not much better than Captain Cook's sextant.
Onwards to a plane and cockpit that looked interesting and dry before deciding that what was inside and dry in a couple of sheds was not of much interest.
As they could only look at internal exhibits by avoiding around 50 lovely school children who dissolve in water and climb over everything and are being trained to make at least 250 decibels, cups of coffee were drunk and off to Hinckley.

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No trouble getting to Hinckley as it was dry in the Air-conditioned Panda apart from F.B. having problems with navigation and getting Google Drive on the navigation screen.
This resulted in T.B. giving directions from the high-tech phone with sound only in his earphones when he remembered which resulted in some sharp turns.
In the Triumph factory it was expected that there would be a display of Motorcycles over the years – NO CHANCE the display was mainly of current Bikes that were of no great interest to the Biggles.
A quick nip into the factory area revealed nothing but boxes rathe than anything of interest.

Part of the Triumph Museum.



Having had no luck at Coventry or Hinckley the intrepid Duo had a brief chat and decided that nothing much else could go wrong and it was going to be well worth dropping into Mallory Race Track and get some photographs of people on a Track Day going all over the place in the continuing rain.

Off we went with T.B. continuing to navigate and issue directions when he remembered.

F.B. had been to Mallory on several occasions in the past but never under ad-hoc directions or on roads, travelled by few.
Still following the odd direction from a reassuring T.B. a corner was taken over enthusiastically and on the wrong side of the road which almost resulted in T.B. having a squidgy seat moment.
T.B. suggested that it was lucky that nothing was coming round the corner using expletives that I cannot repeat.

Mallory Park Track



On driving up from the entrance into the car park it was noticed that the shop and café were closed to the pairs deep joy.

Now the semi-final nail in the days coffin was when the burly man on the Track gate advised that no observers were allowed to see what was happening on the track which was absolutely brilliant.
The Biggles never get depressed so it was decided that it would be a bit different to go back to Corby Cross country.

With real navigational difficulty the pair managed to enter Leicester and taking around twice the normal time to get back.

Finally, on getting back F.B. discovered he had Sat Nav on the car. Too date you will understand that there is no new photo trips planned.

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Group Information supplied



Art Group
Our friendly, supportive group are continuing to meet on alternate Tuesdays at Danesholme Community Centre between 10: 00a.m and 12:00 Midday.
Being an artist is not necessary and equipment can be borrowed if you fancy just popping along for a taster.
Contact is Mark Powell



Book Group
The Book club meet on the 2nd Monday of the month. Sometimes it takes us more than a month to read a book so discussions are varied and not always on the Book being read.
We are just a small group and any one is welcome to join us.
Contact is Joan Gault



Bowls Group
We have members playing on a single indoor mat at the Kingswood Neighbourhood Centre on a Friday from 10:00 to 12:00 with a mid-time break.
We need someone to represent the group and welcome members to join the group.
Contact is Marian Holt



Badminton Group
We welcome new members.
We meet for the enjoyment of the game and for socialising with a break for Coffee or Tea.
We meet every Tuesday at 10:00 in the Kingswood Neighbourhood Centre Main Hall, play for around an hour, have that break and play until 12:00.
There is space for more to join so we have enough players to rota a break between our energetic games.
We are looking for a new leader for the group and if you like to join us, please come along to the Kingswood Centre at 10:00 a.m. on any Tuesday.
We can find a racket for you.
Contact is John Bugby

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Table tennis group

The table tennis group is thriving. We have recruited another member who has started to receive our guidance. We have a little 'sideline' - a WhatsApp group called Quiz Team, who try to solve the 9-letter puzzle from the Radio Times each week.
We meet from 10 to 12 on Friday mornings at the Kingswood Community Centre and would welcome new members



Meditation Group

The meditation group meet on alternate Thursdays. The sessions consist of a long meditation, followed by an activity or discussion, and end with a shorter meditation.
We've had several Mindful Art sessions over the past months.
The aim in Mindful Art is to bring our attention into the present by focusing on the process rather than the outcome. We also had fun doing it which was a bonus.
Contact is Kate Carnie



Ukulele Group

We continue to enjoy playing on a Monday morning between 10:30 and 12:30 at Corby Old Village Community Centre and continue to play for the pleasure of others as well as ourselves.
Although we like to play music for a few groups within the town, this is always only on a voluntary basis; not everybody wants to do it.
If you would like to know more about our group please contact me at trudiereid@talktalk.net or visit our website Go-Ukes Ukulele Group.



Games Group

The games group continue to progress well attending various games sessions every Wednesday at the Oakley Vale Community Centre between 10.00am and 12 Noon. Canasta, Chess, Cribbage and Scrabble seem the most popular of the games undertaken with many of the members learning these games for the first time. Tea and Coffee are served during the sessions. There is room for new members to come and join the group.
Contact is Michael Pilbro on 07703 398822

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History Group

The History Group meets in Great Oakley Village Hall on April 15th, May20th, June 17th, July 22nd, Sept 16th, Oct 21st and Nov18th (3rd Wednesday of each month) at 2:00pm. We usually have a speaker who gives a talk for about 1 hour followed by tea or coffee and a biscuit. Meetings are usually attended by a minimum of 20 members. Attendees pay £3 per session which covers hall hire, refreshments and external speakers. Details of each meeting will be emailed or texted to members approximately seven days before each event. All members of the U3A are welcome. In accordance with the ethos of the U3A we encourage members to give talks to the group.

Contact is Damian Tracey at damian.tracey1949@gmail.com.

If you are interested in joining any of the groups, just come along to find out information, enquire via the web-site https://greatoakleyanddistrict.u3asite.uk/ via or Contact the Chair at by E-Mail to gou3a.chair@gmail.com



Language Group



The French Group at Manor House for Lunch

The group is thriving and now has about 10 members including our Leader (Marian Holt) and our French teacher (Genevieve), who is a French National and superb leader to study the French language and culture. There is always space for new students to join the group; a substantial knowledge of the language is not required! Most newbies have studied French at school, which may have been many years ago?
Recently, the group meet for lunch on an irregular basis at the Manor House restaurant in the Cottingham Road, which is a good way to foster a relationship within the group.
Group Study is at the Oakley Vale Community Centre every 2nd Wednesday Between 10.00am and 12 Noon.
For further details: call Mike Pilbro on mobile: 07703-398822 or,
E-mail: michael.pilbro@outlook.com

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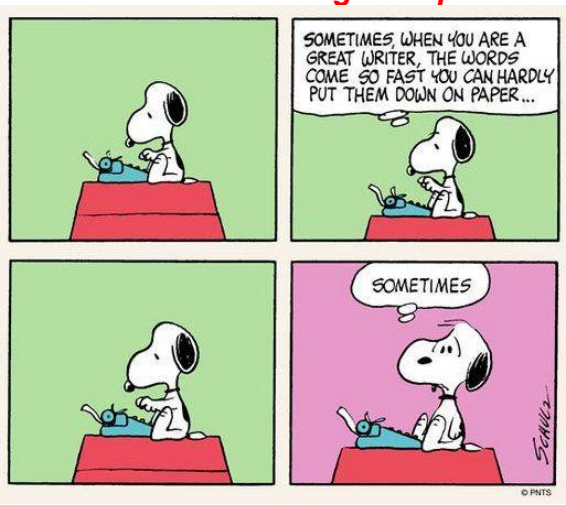


Walking Group

The walking group is a friendly group of people who meet for a walk on the second Friday of the month.
We walk mainly in the North of the county, not too far from Corby.
Walks are generally circular, starting at a local pub where we then lunch.
We meet at 9.45 for a 10 o'clock start, returning around midday, having covered about 5 miles.
We usually follow footpaths and each month the route is "reccied" by our 2 group leaders and the route is varied should anything untoward arise.
The leaders even carry shears on the "reccy" to cut away troublesome brambles.

We are happy to welcome newcomers to enjoy a bit of company, walking in our beautiful local countryside.

Creative Writing Group



The Writing Group continues to thrive, although we've had some illness among members lately. We thoroughly enjoyed reading a Panto "The Sheriff of Nottingham" (written by some of our great writers) at a monthly meeting and were supported by other members to make up the numbers. We continue to write a piece once a fortnight. Recent examples have been: "What's Heaven like?" "Story or poem from the perspective of an animal" and "I opened the wallet…". The group is currently full but names can be added to a waiting list.

New Drama Group

Following the success of the "Seriff of Snottingham" panto in January a number of people expressed an interest in forming a drama group within the GO&D U3A. We now have about ten members who meet fortnightly at the Danesholme Centre as 'The Geriatric Thatrics'. A play is under construction with the intention of performing it for the September group meeting and Mary Lambert is drilling us in voice projection and stage craft. At the moment we have only two male members which rather limits our range for 'serious' performances although possibly not so much for comedy. The cost is £2 for the hall hire plus a £1 contribution for future expenses. Our next meeting is Friday 24th April at 2pm. Please just come along if you are interested or give me a call on 07789381991.

The 2026/27 Membership Fees are: £24:00p including the u3a magazine and £20:00p without the magazine.

If you want to contact or join us you can find a range of information and links on the Great Oakley & District Web page - Just go to:

https://greatoakleyanddistrict.u3asite.uk/

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Steps to set up New Groups

The essential principle of U3A is self-help. For a modest membership fee, we can take our pick of activities and interest groups. Those offerings are only possible if all our members who are able to give something back make them happen. If you are enthusiastic about something and you think that others might be like-minded you can set up a Group.

It is easy to set up a group and less of a commitment than you might think.

Here's how:

1. Try to get one or two fellow enthusiasts to work with you on setting the Group up and running it. It is better with help as you won't need to re-organise meeting dates with cover for each other's' absences.
2. Ask a Committee Member what help and support may be available, look at the list of subject advisers published in the Third Age Matters magazine & on line and read the **Handbook for Group Convenors** available at https://www.u3a.org.uk/brand-guidelines/handbook-for-group-convenors-leaders?highlight=WyJzdW1tZXIiLCJzY2hvb2xzIl0=
3. Agree the basics: name the Group; a description that will 'sell' the group; the length of meetings & how long, with or without a break); minimum and maximum membership (if appropriate); where, when and how often to meet; cost to members for venue and refreshments. Will the group leader(s) always lead or will the group learn to manage itself as many do, with members taking turns to find topics or lead discussions?
4. With those details, find out how many U3A members might be interested. Publicise the new Group in the newsletter, on the website, and at any General Meeting.
5. Set up a mailing list of those who are interested.
6. Arrange for the Group to be placed on our website and ask for the Group's Launch to be in the newsletter and at the General Meeting and have your first meeting.

Monthly Meetings at Great Oakley Village Hall

Wednesday 23rd September 14:00 – 16:00
Wednesday 28th October 14:00 – 16:00
Wednesday 25th November 14:00 – 16:00
Wednesday 16th December 14{00 – 16:00

Diary for Group Meetings

Monday

Book Group
2nd Monday in Month 10:30 – 12:00
Danesholme Community Centre.
Contact: Joan Gault

Play Reading
3rd Monday in Month 14:00 – 16:00
Danesholme Community Centre.
Contact: Lynne Bradshaw

Ukulele
Every Monday 10:30 – 12:30
Corby Old Village Community Centre
Contact: Trudie Reid - trudiereid@talktalk.net

Tuesday

Art
Alternate Tuesdays 10:00 – 12:00
Danesholme Community Centre
Contact: Mark Powell

Badminton
Every Tuesday 10:00 – 12:00
Kingswood Neighborhood Centre
Contact: John Bugby

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Wednesday
Language & Games
Every Wednesday 10:00-12:00
Oakley vale Community Centre
Contact: Michael Pilbro

Monthly Meeting
4th Monday in Month
14:00 – 16:00
Great oakley Village Hall
Contact: Michael Pilbro

History – 3rd Wednesday in Month
14:00 – 16:00
Great Oakley Village Hall
Contact: Damian Tracey

Thursday
Meditation – Alternate Thursdays 13:30 – 15:30
Corby Old Village Community Centre
Contact: Kate Carnie
kathleen.carnie@btinternet.com

Creative Writing *– Alternate Thursdays*
12:30 – 14:30
Corby Old Village Community Centre
Contact: Cath Arnold

Friday
Bowls *– Every Friday 10:00 – 12:00*
Kingswood Neighborhood Centre
Contact: Marian Holt

Table Tennis – Every Friday 10:00 – 12:00
Kingswood Neighborhood Centre
Contact: John Bugby

Walking *– 2nd Friday in Month*
Start & finish to suit route
Contact: Sue Lawson

We look forward hearing from you or seeing you at one of our meetings.

Take Care

Gt. Oakley & District u3a